

# Restoration Heartware

Lesson 4:

DISCERN UNTRUTH

**Restoration Heartware**  
A study of the book of Nehemiah

- 
- Nehemiah: a man with sustained attunement to God

# Sustained

- Adjective
- From the verb: sustain
- *Enduring without giving way; unyielding*



# Attunement

- Noun
- From the verb: attune
- *to bring into harmony or to become one with another*





# Sustained attunement

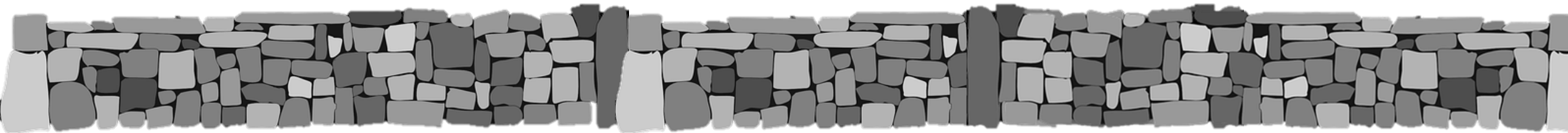
- An enduring oneness with God
- Abraham—a friend of God
- David—“my rock”, “my savior”...
- Jesus—abide
- Our study--discernment

# Psalm 1:1-3

*“Blessed is the one  
who does not walk in step with the wicked  
or stand in the way that sinners take  
or sit in the company of mockers,  
but whose delight is in the law of the LORD,  
and who meditates on his law day and night.  
That person is like a tree planted by streams of water,  
which yields its fruit in season  
and whose leaf does not wither—  
whatever they do prospers.”*

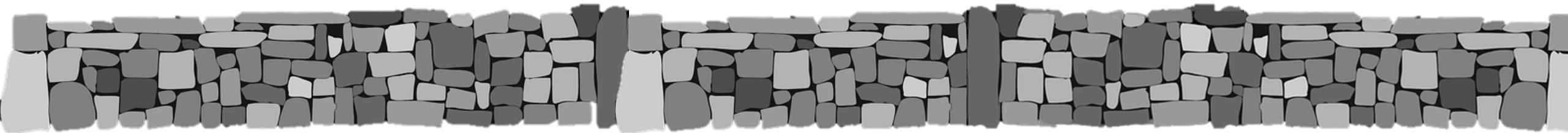
# Nehemiah knew the truth from lies.

- Nehemiah 6:1-4      Compromise
- Nehemiah 6:5-9      Rumors
- Nehemiah 6:10-13      Fear



# Ann Voskamp

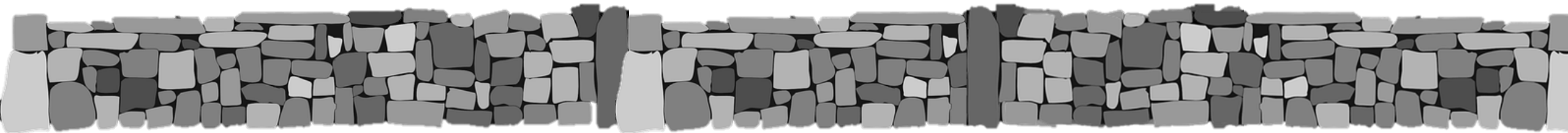
“Repetition of God’s Word is the way we revive a failing faith, the slow pumping of life into the lungs again and again, with the breath of His words. When I fail to keep His word in my mind, I simply fail.”





# Nehemiah knew his enemy from his ally.

- Genesis 3—sowing doubt “Did God really say...”
- John 8:44—a murderer and the father of all lies

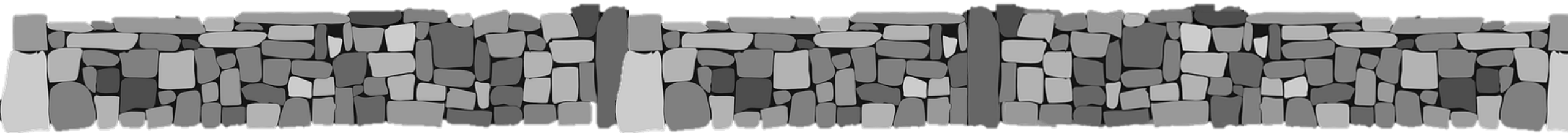


# I Peter 3:8-9

*“Be alert and of sober mind. Your enemy the devil **prowls around like a roaring lion looking for someone to devour.** Resist him, standing firm in the faith, because you know the family of believers throughout the world is undergoing the same kind of sufferings.”*

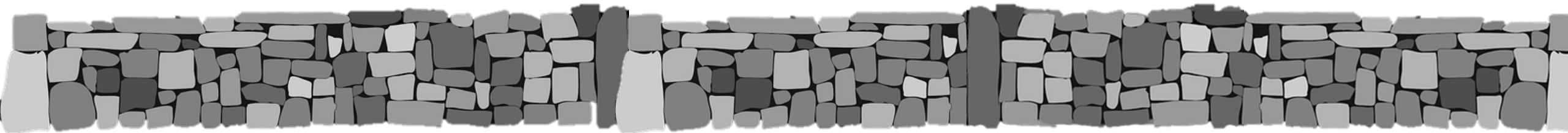
# Lessons on Lions

- Avoid isolation.
- Be prepared for attacks “at night”.
- Learn from your mistakes. (Don’t be an antelope!)
- Counter Satan’s roar with a steady intake of God’s Word.
- There is a greater lion: The Lion of the Tribe of Judah



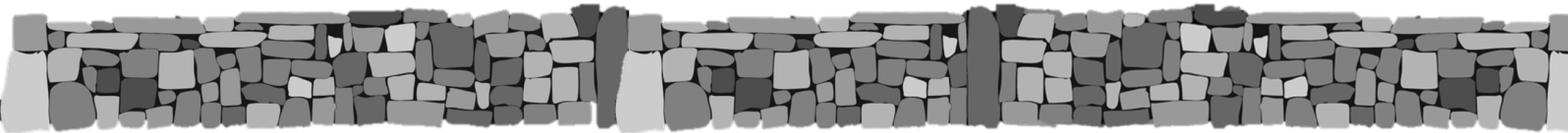
# Nehemiah's ally--God

- The wall was completed in 52 days.
- Nehemiah's perspective: God had accomplished it.
- Nehemiah 6:15-16 Their enemies and the nations around them took notice!



# Paul David Tripp

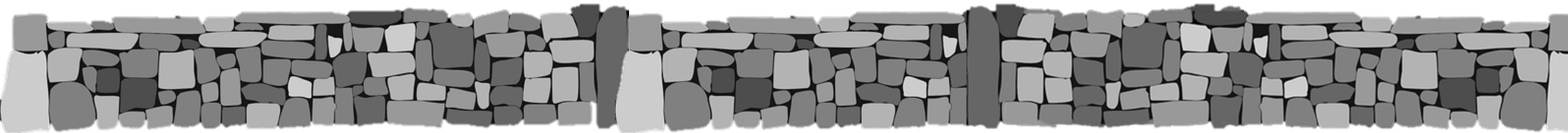
“By grace, God doesn’t leave you on your own. He doesn’t leave you with the tool box of your own strength, righteousness, and wisdom. No, he invades you with his presence, power, wisdom and grace....if you are God’s child, the life force that energizes your thoughts, desires, words, and actions is no longer you; it’s Christ! God didn’t just forgive you. No, he has come to live inside of you, so you will have the power to desire and do what he calls you to do.



# Paul David Tripp

And not only does he live inside of you, he rules all the situations, locations, and relationships that are out of your control. He is not only your indwelling Savior, he is your reigning King. He does in you what you could not do for yourself, and he does outside of you what you have no power or authority to do. And he does all of this with your redemptive good in mind.”

New Morning Mercies



## Questions to Consider:

Because Nehemiah focused on prayer and obedience to God's Word, he was able to discern the voice of his enemies from the voice of God. He could discern the truth from lies.

Where do you need to strengthen your attunement with God to more clearly discern His voice?

Where are you allowing lies to drown out the truth?

*"It is possible to develop a filter in your spiritual walls that powerfully affects the enemy's ability to influence you: read, meditate on, and memorize Scripture."*

Assess the strength of your filter. How strong is your filter? What point of application appeals to you regarding God's word?

Think through the usual ways the enemy prowls around in your life. Does he use isolation, attacks in the night, repeated temptations, fear or another tactic? What is one step you can take to prepare for the next attack?